



## #BESTSELF

May 18, 2019 | University of North Texas - Dallas

*Presented in partnership with Nancy Ann Hunt*

---

### About Texas Women's Foundation

Texas Women's Foundation, formerly Dallas Women's Foundation, is investing to Transform Texas for Women and Girls, empowering them to build stronger, more equitable communities throughout Texas. One of the world's largest women's funds, it is a trusted leader in advocating for and advancing economic security for Texas women, girls and families, and ensuring women and girls are enabled and supported in taking leadership roles in every sector in the state. With more than \$35 million in assets, Texas Women's Foundation raises approximately \$8 million a year to underwrite groundbreaking statewide research on issues affecting women and girls – providing decision-makers and lawmakers with critical data to inform policies, practices and programs in the state. Funds also sustain the Foundation's \$5 million in annual grants, mission-focused gendered asset investments, and support for innovative programs and solutions to help Texas women and girls thrive. For more information, visit [www.txwf.org](http://www.txwf.org), [Facebook](#), [Twitter](#), [LinkedIn](#) or [Instagram](#) or [donate now](#).

### Leadership Initiative

Texas Women's Foundation established its Leadership Initiative, making a \$1M annual commitment to develop and support programs, policies and practices that increase the number of women in leadership positions, and create and fund new opportunities for women and girls to lead.

Along with providing unique and effective programs for women and girls to acquire, refine and strengthen their leadership skills and potential, we also produce timely, targeted research on the issues impacting women and girls across our state. Our research helps focus the work of our Leadership and provides lawmakers and decision-makers with conclusive information to help shape policies relating to women and girls.

**#BestSelf, a program established from Texas Women's Foundation's Leadership Initiative, helps to build future leaders by empowering girls to be their best selves through programs that teach them about themselves, their friendships and healthy approaches to conflict.** The young girls how to



STRONG WOMEN. BETTER WORLD.

navigate through difficult situations and how to support girls learning about decision-making and their emotional well-being so they grow into great individuals, supporters and leaders.

Since 2015, more 1,000 young ladies and adults have attended our annual #BestSelf events and represented schools across the region, including KIPP and UPLIFT charter schools, Dallas ISD, Frisco ISD, Irving ISD and Richardson ISD. **The girls overwhelmingly reported that, as a result of the event, they felt prepared with information and tools to be their best selves and develop their leadership skills.**

## #BestSelf - 2019

**May 18, 2019**

**8:30 a.m. – Registration**

**9 a.m. – 3:30 p.m. - Event**

**University of North Texas - Dallas**

7300 University Hills Blvd, Dallas, Texas 75241

**Capacity:** 300 students, 50 adults

### **Agenda (Rough)**

**9:00 a.m. - 9:30 a.m.**

Welcome, Opening Session (YWAC Fellows) | Raffle Drawings

**9:45 a.m. - 10:30 a.m.**

Workshop 1: Living My Best Life | Workshop 2: Be Your Best Advocate

**10:30 a.m. - 11:00 a.m.**

Activations/Break/Raffle Drawings

**11:15 a.m. – 12:00 p.m.**

Workshop 1: Living My Best Life | Workshop 2: Be Your Best Advocate

**12:00 p.m. – 1:00 p.m.**

Lunch | Visioning Your Future – Creating a vision board

**1:00 p.m. – 1:45 p.m.**

Workshop 3: Representing Your Best Self | Workshop 4: Surround Yourself with the Best

**1:45 p.m. – 2:15 pm**

Activations | Break | Raffle Drawings

**2:30 – 3:15 p.m.**

Workshop 3: Representing Your BestSelf | Workshop 4: Surround Yourself with the Best

**3:15 – 3:30 p.m.**

Closing Remarks (YWAC Fellows) | Raffle Drawings



## School/District/Organization Partnership

It is our goal to reach 300+ young women from our very own community with the message to be their best selves. Dallas Women's Foundation would like to partner with area school districts and nonprofit organizations to ensure young girls, along with adult chaperones from area schools and communities, are given the opportunity to attend. We will provide attendance and transportation scholarships to schools and nonprofit organizations that are able to secure a group of girls to attend.

### **School District Requirements:**

- Promote event to students and parents to secure attendance
- Appoint a liaison/Chaperone to coordinate attendance, registration and transportation
- Register attendees by 4/12/2019
- Submit invoice to Texas Women's Foundation for transportation reimbursement

Texas Women's Foundation is happy to provide you with any event details and assistance you need. Please complete the scholarship form below and contact Kristyn Senters at [ksenters@txwf.org](mailto:ksenters@txwf.org) or 214-525-5323 for more information.



## Scholarship Form

Texas Women's Foundation would like to partner with area school districts and nonprofit organizations to provide scholarships for transportation and attendance to BESTSELF. Please review the information below and complete the form to be considered to receive a scholarship.

### Scholarship Requirements:

- Promote event to students, parents and educators to secure attendance.
- (1) chaperone to attend for every (10) students registered.
- Chaperones are required to watch students throughout the conference – Texas Women's Foundation and University of North Texas-Dallas is not held liable for student attendees.
- Chaperones/schools must have medical consent forms for each student with them, should there anything happen that requires medical attention.
- Appoint a liaison to coordinate attendance, registration and transportation.
- Submit invoice to Texas Women's Foundation for transportation reimbursement
  - Transportation Reimbursement Allotment:
    - Texas Women's Foundation will pay for up to (1) 50-passenger or (2) 25-passenger buses for your school/organization transporting up to 50 students and chaperones.
    - Budget allotment of \$400 total for your school/organization.
    - Parents are encouraged to serve as chaperones as well.

**School/Organization Name(s):** \_\_\_\_\_

**School District:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Contact Name:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax #:** \_\_\_\_\_



Transportation Reimbursement Needed? Yes / No (please circle one)

Number of buses booked? \_\_\_\_\_ Cost of Bus: \_\_\_\_\_

Reimbursement checks to be made out to: \_\_\_\_\_

Mailing Address (if different from address above): \_\_\_\_\_  
\_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please attach a list of registrants from your school/district, along with chaperones, or complete list below. Shirts will also be provided to registrants: Girl Sizes S – 3XL (*Junior Sizes*). There will be traditional media invited, as well as photos and videos taken during the event for post-event promotion. **If any student does NOT have approval to be captured, please indicate by marking an 'X' next to their name. Return form for Kristyn Senters [ksenters@txwf.org](mailto:ksenters@txwf.org) by Friday, April 12, 2019.**

CHAPERONE REGISTRATION (1 chaperone required for every 10 students registered):

NAME	EMAIL	SHIRT SIZE





Texas Women's Foundation

STRONG WOMEN. BETTER WORLD.




STRONG WOMEN. BETTER WORLD.
