



#BESTSELF – DALLAS | October 2020 #BESTSELF – HOUSTON | May 2021

University of Texas at Arlington | University of Houston- Main Campus

About Texas Women's Foundation

Texas Women's Foundation (formerly Dallas Women's Foundation) is Transforming Texas for Women and Girls, empowering them to build stronger, more equitable communities. Since 1985, the Foundation has been a trusted leader in advancing social and economic change for women and girls in Texas. One of the world's largest women's foundations, the Foundation raises funding from a broad base of donors, including individuals, foundations and corporations. These resources support more than \$6.3 million in investments that advance economic security and leadership for Texas women and girls through groundbreaking research, advocacy, grants and programs. The Foundation's statewide research on issues affecting women and girls provides decision-makers and lawmakers with critical data to inform policies, practices and programs in the state. Its grantmaking and innovative programs support solutions that help Texas women and girls thrive. In addition, Texas Women's Foundation is an acknowledged leader and advocate in the gender lens investing movement and has deployed 100% of its assets – endowments, operating investments and donor-advised funds – in a gendered impact portfolio that yields strong financial returns and measurable social benefits to women and girls. For more information, visit www.txwf.org, [Facebook](#), [Twitter](#), [LinkedIn](#) or [Instagram](#) or [donate now](#).

Leadership Initiative

Texas Women's Foundation established its Leadership Initiative that is committed to developing and supporting programs, policies and practices that increase the number of women in leadership positions, and create and fund new opportunities for women and girls to lead.

Along with providing unique and effective programs for women and girls to acquire, refine and strengthen their leadership skills and potential, we also produce timely, targeted research on the issues impacting women and girls across our state. Our research helps focus the work of our Leadership Initiative and provides lawmakers and decision-makers with conclusive information to help shape policies relating to women and girls.

#BestSelf, a program of the Young Women's Initiative – Texas, helps build future leaders by empowering girls ages 11-15 to be their best selves through programs that teach them about



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themselves, their friendships and healthy approaches to conflict. The young girls learn how to navigate through difficult situations and how to support girls learning about decision-making and their emotional well-being so they grow into great individuals, supporters and leaders.

Since 2015, thousands of young ladies and adults have attended our annual #BestSelf - Dallas events and represented schools across the region, including KIPP and UPLIFT charter schools, Dallas ISD, Frisco ISD, Irving ISD and Richardson ISD. **The girls overwhelmingly reported that, as a result of the event, they felt prepared with information and tools to be their best selves and develop their leadership skills.**

#BestSelf – 2020

Dallas

October 2020

8:30 a.m. – Registration & Activities

9:00 a.m. – 4:00 p.m. - Program

University of Texas at Arlington | University Center 300 W 1st St, Arlington, TX 76010

Houston

May 2021

8:30 a.m. – Registration & Activities

9:00 a.m. – 4:00 p.m. – Program

Capacity: 400 students, 50 adults

Agenda (Rough)

9:00 a.m. - 9:30 a.m.

Welcome, Opening Session | Raffle Drawings

9:45 a.m. - 10:30 a.m.

Workshop 1 & 2

10:30 a.m. - 11:00 a.m.

Activations/Break/Raffle Drawings

11:15 a.m. – 12:00 p.m.

Workshop 1 & 2

12:00 p.m. – 1:00 p.m.

Lunch | Panel Discussion “Girl Talk” facilitated by Chrishaunda Lee Perez, author

1:00 p.m. – 1:45 p.m.

Workshop 3 & 4

1:45 p.m. – 2:15 pm



Activations | Break | Raffle Drawings

2:30 – 3:15 p.m.

Workshop 3 & 4

3:30 – 4:00 p.m.

Closing Remarks | Raffle Drawings

School/District/Organization Partnership

It is our goal to reach 400+ young women from our very own community with the message to be their best selves. Texas Women's Foundation would like to partner with area school districts and nonprofit organizations to ensure young girls, along with adult chaperones from area schools and communities, are given the opportunity to attend. We will provide attendance and transportation scholarships to schools and nonprofit organizations that are able to secure a group of girls to attend.

Requirements:

- Promote event to students and parents to secure attendance
- Appoint a liaison/chaperone to coordinate attendance, registration and transportation
- Register attendees 3 weeks before the rescheduled BestSelf date.
- Submit invoice to Texas Women's Foundation for transportation reimbursement

Texas Women's Foundation is happy to provide you with any event details and assistance you need. Please complete the scholarship form below and contact Kristyn Senters at ksenters@txwf.org or 214-525-5323 for more information.



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Scholarship Form

Texas Women's Foundation would like to partner with Dallas and Houston area school districts and nonprofit organizations to provide scholarships for transportation and attendance to BESTSELF. Please review the information below and complete the form to be considered to receive a scholarship.

Scholarship Requirements:

- Promote event to students, parents and educators to secure attendance.
- (1) chaperone to attend for every (10) students registered.
- Chaperones are required to watch students throughout the conference – Texas Women's Foundation, University of Texas at Arlington and University of Houston is not held liable for student attendees.
- Chaperones/schools must have medical consent forms for each student with them, should there anything happen that requires medical attention.
- As an attendee of BESTSELF, there will be video and photos captured throughout the day. If an adult or child does not consent of having their likeness used in any form of digital or video media, you must refrain from being videoed or taking photos. Texas Women's Foundation is not held liable for any individuals captured in photography or videography.
- Appoint a liaison to coordinate attendance, registration and transportation.
- Submit invoice to Texas Women's Foundation for transportation reimbursement
 - Transportation Reimbursement Allotment:
 - Texas Women's Foundation will pay for up to (1) 50-passenger or (2) 25-passenger buses for your school/organization transporting up to 50 students and chaperones.
 - Budget allotment of \$400 total for your school/organization.
 - Parents are encouraged to serve as chaperones as well.

School/Organization Name(s): _____

School District: _____

Address: _____

City: _____ State: _____ Zip: _____

Contact Name: _____ Email Address: _____

